

## Global Market Analysis of Stress Meet 2021

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Stress Management announces the major event on "International Summit on Depression Anxiety and Stress Management". This conference will be originated on August 10-11, 2020 in Stockholm, Sweden, working with the theme: "Leading Innovations and Approaches towards Stress Management, Anxiety and Depression".

The Global Anxiety Disorders, Stress & Depression Treatment Market is forecast to reach USD 18.90 billion by 2026, according to a new report by reports and data. There has been a continued rise in the rate of anxiety disorders, stress & depression treatment in the global healthcare situation. Such a rise in the incidence rate of anxiety disorders, stress & depression treatment has resulted in focusing on the global healthcare scenario and reducing the incidence rate of such a mental healthcare condition. In the year 2019, more than 300 million individuals of all ages were suffering from depression in the global scenario. There have been 800,000 cases of suicides in the same year, the reasons behind which have been mostly anxiety disorders, stress & depression disorders. Such a rise in the incidence rate of depression and anxiety is one of the major factors driving the global anxiety disorders, stress & depression treatment market.

Globally, incidences of depression and mental health are continuously increasing in the elderly population. This population is prone to mental health issues like dementia, phobia and anxiety disorders. Hence, the increase in the

antidepressants and therapies to treat the mental health condition during the estimate period. In the year 2019, the global anxiety disorders, stress & depression treatment market was dominated by America. This region can be estimated to continue this command through the forecast period. The reason America dominates the market is mainly because of the rising incidence rate of Anxiety Disorders, Stress & Depression Treatment in a particular region. Other mentionable reasons for America to dominate the market are supportive government policies and a higher rate of awareness, which also contribute to the growth of the market in this region. The Asia Pacific region also shows a significant presence in the global anxiety disorder, stress & depression treatment market and is forecasted to follow America in terms of the market share. High prevalence of psychiatric disorders in the APAC region is one of the significant reasons for market growth in this region.

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